



## What are *your* Values around Health?

- |  |   |
|--|---|
| <input type="checkbox"/> Accomplishments/Results | <input type="checkbox"/> Personal Power       |
| <input type="checkbox"/> Achievement             | <input type="checkbox"/> Privacy/Solitude     |
| <input type="checkbox"/> Adventure/Excitement    | <input type="checkbox"/> Recognition          |
| <input type="checkbox"/> Balance                 | <input type="checkbox"/> Compassion           |
| <input type="checkbox"/> Clarity                 | <input type="checkbox"/> Romance/Magic        |
| <input type="checkbox"/> Commitment              | <input type="checkbox"/> Security             |
| <input type="checkbox"/> Community               | <input type="checkbox"/> Self Expression      |
| <input type="checkbox"/> Leadership              | <input type="checkbox"/> Learning             |
| <input type="checkbox"/> Connecting/Bonding      | <input type="checkbox"/> Service/Contribution |
| <input type="checkbox"/> Risk Taking             | <input type="checkbox"/> Spirituality         |
| <input type="checkbox"/> Creativity              | <input type="checkbox"/> Trust                |
| <input type="checkbox"/> Emotional Health        | <input type="checkbox"/> Vitality             |
| <input type="checkbox"/> Peace                   | <input type="checkbox"/> Completion           |
| <input type="checkbox"/> Loyalty                 | <input type="checkbox"/> Freedom              |
| <input type="checkbox"/> Openness                | <input type="checkbox"/> Fulfillment          |
| <input type="checkbox"/> Personal Growth         | <input type="checkbox"/> Fun                  |
| <input type="checkbox"/> Mastery/Excellence      | <input type="checkbox"/> Honesty              |
| <input type="checkbox"/> Humor                   | <input type="checkbox"/> Ease/Flow            |
| <input type="checkbox"/> Organization            | <input type="checkbox"/> Longevity            |
| <input type="checkbox"/> Courage                 | <input type="checkbox"/> Integrity            |
| <input type="checkbox"/> Intimacy                | <input type="checkbox"/> Satisfaction         |
| <input type="checkbox"/> Joy                     | <input type="checkbox"/> Independence         |
| <input type="checkbox"/> Energy                  | <input type="checkbox"/> Legacy               |
| <input type="checkbox"/> Strength                | <input type="checkbox"/> Information          |

**“Vision leads your Life, Values drive your Actions”**